



BEDFORD SENIORS CLUB NEWSLETTER



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"A life without love is like a year without summer." -Swedish Proverb

Senior Club Lunches

Bedford Senior Club members are invited to a congregate lunch on the 2nd and 4th Wednesday of the month (except November and December). Doors open at 11:30am. Meals and beverages will be served after a brief meeting at 12:00pm. Special social activities are planned every luncheon at 1:00pm (See Calendar for activities). Reserve your meal online or call 440-735-6570 before the registration deadline. Available for Bedford Senior Club Members only. Must register by deadline. Limit 144 members per lunch. Menu subject to change.

Wednesday, May 27: Chicken Paprikash, Salad, Roll

Registration deadline Friday, May 22 or until all seats fill

Wednesday, June 10: BBQ Chicken Leg Quarters, Mac & Cheese, Green Beans

Registration deadline Friday, June 5 or until all seats fill

Wednesday, June 24: Chicken Salad Wrap, Chips, Pickle

Registration deadline Friday, June 19 or until all seats fill

A vegetarian option is available.




*Please indicate during registration if you prefer a vegetarian substitution
All program dates, times, fees, and menus are subject to change without notification.*

(440) 735-6570



CALENDAR OF ACTIVITIES FOR BEDFORD SENIOR CLUB MEMBERS

as of 5/7/26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Energizing Yoga</i> Saturday, May 16 <i>(no class 5/23, 5/30)</i> 9:00am</p>		<p>13 Mental Health 10:30am</p> <p> Senior Lunch 12:00pm</p> <p>Bingo 1:00pm</p> <p>Book Club 2:00pm</p>	<p>14 UH Walking Club 9:30am Reach w/ Rhythm 11:00am</p> <p>Pickleball Open Play 12:30pm, 1:30pm, 2:30pm</p> <p>Barre Above 6:00pm</p>	<p>15 <u>No Strength/Core</u></p> <p>Cardio Drum 12:00pm Silver Screen 1:00pm "Song Sung Blue"</p> <p>Family Karaoke 6:00pm</p>
<p>18 Line Dancing 10:30am</p> <p>Pickleball Open 12:30pm Pickleball League 1:30pm</p> <p>Knitting 1:00pm Card Club 1:00pm Local Motion 6:00pm Sewing 6:00pm</p>	<p>19 Strength/Balance 10:30am Chair Volleyball 12:30pm</p> <p>Binge Watchers 2:00pm Billiards Open 2:00pm</p> <p>Sunset Yoga 6:00pm</p>	<p>20 Table Shuffleboard Playoffs & Potluck</p> <p>Sparkling Portraits 2:00pm</p>	<p>21 UH Walking Club 9:30am Reach w/ Rhythm 11:00am</p> <p>Pickleball Open Play 12:30pm, 1:30pm, 2:30pm</p> <p>Barre Above 6:00pm</p>	<p>22 Strength/Core 10:45am</p> <p>Pedaling 12:00pm</p> <p>Silver Screen 1:00pm "Hamnet"</p>
<p>25</p> 	<p>26 Strength/Balance 10:30am Chair Volleyball 12:30pm</p> <p>Binge Watchers 2:00pm Billiards Open 2:00pm Sunset Yoga 6:00pm</p>	<p>27 Medicare Help 10:00am Beat the Stress 10:30am</p> <p> Senior Lunch 12:00pm</p> <p>Piano Entertainment 1:00pm</p>	<p>28 UH Walking Club 9:30am Reach w/ Rhythm 11:00am</p> <p>Pickleball Open Play 12:30pm, 1:30pm, 2:30pm</p> <p>Get Crafty 2:00pm Barre Above 6:00pm</p>	<p>29 Strength/Core 10:45am</p> <p>Cardio Drum 12:00pm</p> <p>Silver Screen 1:00pm "Mother of the Bride"</p>



A representative from University Hospitals will be present during senior lunches offering blood pressure checks and other health information.



CALENDAR OF ACTIVITIES FOR BEDFORD SENIOR CLUB MEMBERS

as of 5/12/26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Line Dancing 10:30am Pickleball Open Play 12:30pm, 1:30pm, 2:30pm Knitting 1:00pm Card Club 1:00pm Local Motion 6:00pm	2 Strength/Balance 10:30am Chair Volleyball 12:00pm Binge Watchers 2:00pm Billiards Open 2:00pm	3  12:00pm Get Crafty 2:00pm	4 UH Walking Club 9:30am Pickleball Open Play 12:30pm, 1:30pm, 2:30pm <u>No Barre Above</u>	5 Strength/Core 10:45am Silver Screen 1:00pm "Rocky" Declaration 250 Speaker Series 7:00pm
8 Line Dancing 10:30am Pickleball Open Play 12:30pm, 1:30pm, 2:30pm Knitting 1:00pm Card Club 1:00pm Local Motion 6:00pm	9 Strength/Balance 10:30am Chair Volleyball 12:00pm Binge Watchers 2:00pm Billiards Open 2:00pm	10 Life Hacks 10:30am  Senior Lunch 12:00pm Bingo 1:00pm Book Club 2:00pm	11 County/UH Walking Event 9:00am-11:00am Yoga 11:00am Pickleball Open Play 12:30pm, 1:30pm, 2:30pm Barre Above 6:00pm	12 Strength/Core 10:45am Cardio Drum 12:00pm Silver Screen 1:00pm "Anaconda"
15 <u>No Line Dancing</u> Knitting 1:00pm Card Club 1:00pm Local Motion 6:00pm	16 <u>No Strength/Balance</u> <u>No Chair Volleyball</u> Learn to Swim 12:00pm Binge Watchers 2:00pm Billiards Open 2:00pm Pickleball Open Play 6:30pm, 7:30pm Aqua Exercise 7:00pm	17 Coffee & Convo 12:00pm Sparkling Portraits 2:00pm	18 UH Walking Club 9:30am Yoga 11:00am Learn to Swim 12:00pm Pickleball Open Play 12:30pm, 1:30pm Silver Screen 1:00pm "Soul on Fire" Barre Above 6:00pm	19  Juneteenth Event 12:00pm-5:00pm Food Truck 11:00am
22 Line Dancing 10:30am Knitting 1:00pm Card Club 1:00pm Local Motion 6:00pm	23 <u>No Strength/Balance</u> Learn to Swim 12:00pm Chair Volleyball 12:00pm Binge Watchers 2:00pm Billiards Open 2:00pm Pickleball Open Play 6:30pm, 7:30pm Aqua Exercise 7:00pm	24 Medicare Help 10:00am  Senior Lunch 12:00pm Table Games 1:00pm	25 UH Walking Club 9:30am Learn to Swim 12:00pm Yoga 11:00am Pickleball Open Play 12:30pm, 1:30pm Barre Above 6:00pm	26 <u>No Strength/Core</u> Aqua Exercise 11:00am, 12:00pm Silver Screen 1:00pm "Truth & Treason"
29 Line Dancing 10:30am Knitting 1:00pm Card Club 1:00pm Local Motion 6:00pm	30 <u>No Strength/Balance</u> Chair Volleyball 12:00pm Binge Watchers 2:00pm Billiards Open 2:00pm Aqua Exercise 7:00pm		Saturday, June 27 Lunch & Show: Great Gatsby Bus loads at 10:15am	Saturdays <i>Yoga in the Park</i> June 6, 13, 20 9:00am <i>Yoga on the Square</i> June 27 9:00am

IN MEMORIAM



Marilyn Zolata

(nee Brahney), age 92, passed away peacefully in the early morning of April 22, 2026, with her daughter Laura by her side. She was the beloved wife of the late Andrew E. Zolata Jr. for 58 years; the loving mother of Andrew III (Darlene), Larry, Laura, Nancie (Scott) Sesny, Michael, and John (Dian); dearest grandmother of Marissa, Brynn, and Reese Sesny, Arielle (Nick), and Danny; dear daughter of the late Francis and the late Regina (Walsh); sister of John Brahney and the late Irene (Neil); sister-in-law of the late Lawrence P. Zolata (Kathy) and the late Jewell (Zdanowicz) and her husband Al; beloved aunt of Andrea (Doug), Audrey Alatas and her son Brandan, Anita (Mark), Jim (Alice), Joyce (Rich), Janice (Tim), and Jeff.

Marilyn was a former City of Bedford councilwoman and vice mayor and a member of the Bedford/Walton Hills Democratic Club, Bedford Student Government, the Bedford Garden Club, the Bedford Seniors Club, the Bedford Historical Society, St. Mary's PTU, and St. Mary's Ladies Guild, where she served as vice president, as well as numerous other volunteer organizations in the City of Bedford. She was especially fond of her friends at Light of Hearts Villa, where she generously gave her time supporting many events and fundraisers.

Marilyn was born in Cleveland, OH, and attended Ursuline Sacred Heart Academy, where she earned a writing scholarship to John Carroll University. After college, she worked at the Lord & Taylor department store in downtown Cleveland and enjoyed spending time with her lifelong best friend, Rose Kerver. She later met and married her husband, Andrew ("Andy"), and together they raised their six children in Bedford. Her second career led her into Bedford politics, where she served as a councilwoman for 26 years, succeeding her husband, who had previously served as a councilman for 11 years.

She loved talking with and helping her neighbors and fellow residents of Bedford. Her children quickly learned not to accompany her to the grocery store on a Saturday, as it would often take hours while she stopped to chat with everyone! She also enjoyed long walks in her Carylwood neighborhood and throughout her Ward 3, as well as yardwork, being outdoors, and volunteering at various city events, festivals, and Parties in the Park. It was often said that if there was a local event, Marilyn would be there—and she'd bring cookies!

She deeply loved the City of Bedford and was honored as Bedford Citizen of the Year in 2010.

Most of all, she cherished her husband and her family - her children and grandchildren, her brother and sister, her many friends & neighbors, her beloved cat Ginger and was especially proud of her Irish heritage. Services handled by St. John's Funeral Home. Burial at Bedford Cemetery.

The family suggests contributions to Light of Hearts Villa, 283 Union Street, Bedford, OH 44146.
Memorial Gifts: <https://lightofheartsvilla.org/honor-memorial-gifts/>



RECREATION PROGRAMS

Juneteenth Community Celebration

Friday, June 19, 2026 at Ellenwood Center— outdoor event

SPECIAL EVENT! Bedford residents are invited for a vibrant Juneteenth celebration filled with music, games, and family fun! FREE inflatables and activities for Bedford families. Live music from resident and artist Jul Big Green from 12-1:30 PM. Cool off with open swim at Bedford Pool from 1–5 PM. Complimentary snow cones for pool attendees from 2-4 PM. (Membership or daily admission required). **More details on page 20.**

Pre-registered Bedford Senior Club members can receive a **FREE food truck meal ticket** that can be used at either **Smokin' Babes Barbeque Food Truck** (delicious southern homemade cuisine) or **Feed Myyy Bellyyy Food Truck** (American comfort food with a Caribbean twist). You can use your meal ticket with only ONE food truck. Additional menu items available for purchase. Food Trucks are publicly advertised from 12PM-4PM **HOWEVER**, trucks will open at 11AM for our early bird senior members.

Senior Club Members may check-in for their ticket between 10:45AM-12:00PM. Tickets will not be distributed after 12PM. You may redeem your ticket until 4PM. Check-in will be at the Recreation Tent on the pavilion side of the building (west lot). Limited to the first 100 registered Senior Club Members. Additional information, including menus will be distributed at the tent. Limited seating; bring a chair.

Senior Volunteer Crew

Join our Volunteer Crew! Use the skills and talents you've learned over the years, or develop new ones while serving in a variety of volunteer capacities! We are looking for Senior Volunteers to help us with our existing community programming and possibly even develop new and exciting offerings! Add another healthy habit to your routine; volunteer!

We are currently looking for volunteers for:

- **Family Karaoke Night:** Friday, May 15, 5:30pm-9:30pm at Ellenwood Center
- **Snow Cones at Pool:** Friday, June 19, 1:30pm—4:30pm at Bedford Pool
- **Fourth of July Parade Judge:** Friday, July 4, 9:30am-11:00am at corner of Columbus/ Logan (Looking for 2-3 judges)
- **Family Movie Night:** Friday, July 10 4:00pm-7:00pm at Bedford Commons
- **Carnival Games:** Saturday, July 11 10:30am-3:00pm and/or 2:30pm-7:00pm at Bedford Commons. Work 1 or 2 shifts. Special swag and meal vouchers for volunteers.
- **Make Popcorn:** Sunday, July 12, 11:45am-3:30pm at Ellenwood Center (outside)
- **Make Snow Cones:** Sunday, July 12, 3:30pm—6:30pm at Ellenwood Center (outside)



RECREATION PROGRAMS

Family Karaoke Night

Bring the family for an evening of fun, music, and food! A family-friendly environment with supportive vibes, whether you're a karaoke pro, first-timer or just a spectator. Over 70,000 song choices for all ages and music tastes. Attendees will get 2-slices of pizza, bag of chips, cookies and drink.

Location: Ellenwood Center Gym

Date: Friday, May 15

Time: 6:00 - 9:00 pm

Fee: \$5 Resident/\$7 Non-Resident

Bedford Senior Club Members are free and must register in advance

Beat the Stress: Creating a Stress-free Lifestyle

NEW! Tips on living a stress-free life to improve health outcomes and quality of life.

Presented by the Alzheimer's Association

Location: Ellenwood Room 4

Date: Wednesday, May 27

Time: 10:30 am - 11:30 am

Fee: Free; pre-registration preferred. Limited to 40 participants.

Life Hacks for Seniors with Buckeye Hospice

NEW! Life Hacks for Seniors is an engaging, practical program designed to help older adults live more safely, comfortably and independently. Participants will discover simple, effective tips and everyday "life hacks" that make daily tasks easier and more efficient, while also learning about the wide range of medical alert devices available today. The program breaks down the key differences between options—such as in-home vs. mobile systems, fall detection, and monitoring features—so each person can identify what best fits their lifestyle, needs and budget. Whether you're looking to simplify routines or enhance peace of mind, this program offers helpful guidance for making confident, informed choices.

Presented by Jill Smith with Buckeye Hospice

Location: Ellenwood Center Room 4

Date: Wednesday, June 10

Time: 10:30 am—11:30 am

Fee: Free; pre-registration required.



RECREATION PROGRAMS

Barre Above®

Experience a dynamic and empowering workout that combines elements of Pilates, yoga, and dance strength training. Elevate your fitness routine and sculpt your body in a motivating group fitness class. Suitable for participants of all fitness levels; the class is designed to be adaptable, allowing you to progress at your own pace. Bring a yoga mat.

Instructor: Julionne Brown-Little, certified instructor

Location: Ellenwood Center Gym

Remaining Spring Dates: Thursdays, May 14, 21, 28

Summer Dates: Thursdays, June 11, 18, 25, July 2, 9, 16, 23, 30, August 6

Time: 6:00 pm - 7:00 pm

Fee per class: \$9 Bedford Resident/\$11 Non-Resident

Bedford Senior Club Members are free and must register in advance

Yoga in the Park

Enjoy the peace and serenity of a yoga class at Archibald Willard Park (behind Ellenwood Center). Yoga is a combination of body movements, breathing, and mental relaxation. Strengthen your body, relieve stress and increase your flexibility. Classes are for adults and teens ages 14+ and designed for all fitness levels. Classes may be canceled due to inclement weather or wet grounds. Be sure to opt-in for text and email alerts. A minimum of 6 participants is required to run this program. Bring a yoga mat and water bottle. Pre-registration required; please register by Thursday evening.

Instructor: Julionne Brown-Little, certified instructor

Dates: Select Saturdays— June 6, 13, 20, July 18, August 8, 15, 29, September 19, 26

Time: 9:00 am - 10:00 am

Location: Archibald Willard Park

Fee per class: \$5 Bedford Resident/\$7 Non-Resident

Bedford Senior Club Members are free and must register in advance

Yoga on the Square

NEW! Enjoy the peace and energy of Yoga on the Square in historic downtown Bedford on the Commons. This free community yoga event combines gentle body movements, breathing, and relaxation to help strengthen the body, relieve stress, and improve flexibility. Designed for all ages and fitness levels. Program is subject to be canceled due to inclement weather.

Instructor: Julionne Brown-Little, certified instructor

Location: Bedford Commons, 730 Broadway Ave.

Dates: Select Saturdays — June 27, August 1, August 22, September 12

Time: 9:00 am - 10:00 am

Fee: FREE



RECREATION PROGRAMS

Energizing Morning Yoga

NEW DAY! Invigorate your body and mind, setting a positive tone for the day ahead. Classes include a series of energizing poses, stretches, and breathwork techniques aimed at boosting your energy levels, improving flexibility, and enhancing mental clarity. The class is adaptable to various fitness levels, ensuring a safe and inclusive space for all participants. Bring a yoga mat.

Instructor: Julionne Brown-Little, certified instructor

Location: Ellenwood Center Room 4

Date: Thursdays, June 11, 18, 25, July 2, 9, 16, 23, 30, August 6

Time: 11:00 am—12:00 pm

Fee per class: \$9 Bedford Resident/\$11 Non-Resident

Register for the entire session and save!

Bedford Senior Club Members are free and must register in advance

Joker's Wild Card Club

Join fellow card enthusiasts for a fun and social afternoon playing classic favorites like Spades, Euchre, Poker, Pinochle or dealer's choice! Whether you're a seasoned player or new to the games, this club offers friendly competition, laughter, and plenty of opportunities to connect with others. Bring your best strategy—or just come for the camaraderie! Facilitated by two of our own Club Jokers, Leroy B. and Paul G!

Location: Ellenwood Center Room 3 or Room 2

Date: Mondays, May 18, June 1, 8, 15, 22, 29, July 6, 13, 20, 27, August 3, 10 (No class 5/25)

Time: 1:00 pm—3:00 pm

Fee: Free; Senior Club Members may bring a guest if space allows.

Senior Transportation Connection

The City offers door-to-door transportation service for Bedford Residents 60 years of age and older that can be used for medical appointments and errands such as banking, grocery shopping, etc. Wheelchair accessible vans are available. Service is not available to residents in nursing homes, assisted living or retirement facilities.

Boundary lines for all trips are:

North - UH Ahuja Medical Center

South - Northfield Plaza

East - City of Solon

West - Cleveland Clinic Independence

Transportation service is provided by Senior Transportation Connection which operates Monday through Friday 8:00 am to 4:30 pm. A fee of \$2 per roundtrip is required. For more information call 440-735-6570. An application must be on file with the Parks & Recreation Department prior to service.



RECREATION PROGRAMS

Pickleball Open Play & Billiards Open Play

Register for fun and friendly competition and rotational play. Bring your own equipment or borrow from Ellenwood. Space is limited per session.

Be sure to check the Senior Event Calendar or online for our Open Play days and times. Reservations are highly recommended.

Location: Ellenwood Center Gymnasium & Room 2

Fee: Free to Senior Club Members / \$3 per class for non-club members

Bedford Senior Club in the Fourth of July Parade

We have rented the Cleveland Funny Bus on July 4th for 34 Senior Club members to ride and wave in the Fourth of July Parade! The ride will be open-air and have easy parking access. Parade participants will load at 9:15am at Ellenwood Center in the parking lot by the pavilion. The bus will head over to our parade line-up spot at 9:30am. Parade kicks off at 10:00am and will take roughly an hour. At the end of the parade, we will be driven back to Ellenwood Center. Minimal walking; ride in style! Please be sure to use the restroom before loading, as we won't have access until we reach Bedford Heights Community Center. Register by calling 440-735-6570 or stop by the Ellenwood Center office. Space is limited!



We are accepting candy bag donations for our Seniors to throw to parade goers!



RECREATION PROGRAMS

Stay & Play: Post-Lunch Activity

Keep an eye on the calendar for special Stay & Play activities that will be held after our lunches. Pre-registration preferred; drop-ins welcome if space permits.

Get Crafty

A social and creative experience for older adults to experiment with various art materials and make fun seasonal crafts. Bedford Senior Club members only. Registration required.

Location: Ellenwood Center Room 3

Craft w/ Rachel: Watercolors — Thursday, May 28, 2:00 pm – 4:00 pm

Craft w/ Josie: Patriotic Clothespin Wreath— Wednesday, June 3, 2:00 pm – 4:00 pm

Craft w/ Sarah: Land that I Love String Art — Wednesday, July 1, 2:00 pm – 4:00 pm

Sparkling Portraits

Follow step-by-step directions to create a seasonal canvas painting inspired while sipping sparkling grape juice. No experience required. Free to Bedford Senior Club Members. Registration required.



Instructor: Melinda with So-So Artsy

Location: Ellenwood Center Room 3

Time: Painting starts at 2:00 pm

Third or Fourth Wednesday of the month

Fee: Free to Bedford Senior Club members

\$15 for non-members

Bubbly Jellyfish—Wednesday, May 20

Freedom Gnome—Wednesday, June 17

PAINTING/CRAFT GUIDELINES: *Art classes have limited space and supplies, and often fill quickly. Walk-ins are only permitted if a registered participant does not arrive within the first 10 minutes of class. Priority for available spots will be given to individuals on the waitlist who are present. Admission of additional participants is at the discretion of the instructor and/or Recreation staff. Please follow all instructions provided by the instructor and use only the supplies allocated to you. We ask that everyone treats each other with kindness and respect. Failure to follow these guidelines may result in suspension from craft programs.*

RECREATION PROGRAMS

Local Motion with Jaki

This program will make you sweat while having a fun cardio experience to a musical fusion of club and urban dance styles. This program is for beginners and experienced dancers.

Instructor: Jaki Ward

Location: Ellenwood Center Gym

Dates: Mondays, May 18, June 1, 8, 15, 22, 29, July 6, 13, 20, 27, August 3, 10 (No class 5/25)

Time: 6:00 pm - 6:45 pm

Fee per class: \$6 Bedford Resident/\$7 Non-Resident

Bedford Senior Club Members are free and must register in advance

Chair Volleyball

Chair Volleyball is an adapted, seated version of volleyball designed for seniors or individuals with limited mobility, promoting cardiovascular health, flexibility, and socialization. No prior volleyball experience is required, and is intended to reduce stress and boost self-esteem and confidence in individuals who are not able to play standard volleyball.

Instructor: Bedford Parks & Recreation Staff

Location: Ellenwood Center-Gym

Dates: Tuesdays, May 19, 26, *June 2, 9, 23, 30, July 7, 14, 21, 28 (No class 6/16)

Time: 12:30 pm - 2:00 pm *Starting in June, class time changes to 12:00pm-1:00pm

Fee: Free for Bedford Senior Club members

Senior Line Dancing

Join this lively and welcoming group of seniors every Monday at the Ellenwood Recreation Center for fun, fitness, and friendship! Under the upbeat guidance of volunteer instructor Jeanne Stainbrook, participants enjoy easy-to-follow line dances that promote coordination, balance, and light cardiovascular exercise. Whether you're a seasoned dancer or stepping onto the floor for the first time, this class offers a joyful way to stay active and connect with others.

Dates: Mondays, May 18, June 1, 8, 22, 29, July 6, 13, 20, 27, August 3, 10 (No class 5/25, 6/15)

Time: 10:30 am - 11:30 am

Location: Ellenwood Center Gymnasium

Fee: Bedford Senior Club Members are free and must register in advance.

Monthly Newsletter

The monthly Senior Newsletter is available starting the second Wednesday of the month—released at our first lunch of the month! Many Senior Club members grab their newsletter at the first lunch and/or in-person programming at Ellenwood Center. Members who would like to receive the Senior News by mail, please call our office monthly to request it.

RECREATION PROGRAMS

Gentle Waves Aquatic Exercise

NEW! Join a fun and engaging aquatic exercise class and experience the benefits of water-based workouts. Aquatic exercise is a low-impact activity that supports your body while providing resistance to tone muscles and improve cardiovascular health. Limit 12 participants. Adults only.

Day Dates: Fridays, June 26, July 3, 10, 17, 24, 31, August 7, 14

Basics/Beginner Time: 11:00 am—11:50 am

Boost/Intermediate Time: 12:00 pm—12:50 pm

Instructor: Rec2Connect

Evening Dates: Tuesdays, June 16, 23, 30, July 7, 14, 21, 28, August 4

Evening Time: 7:00 pm—7:45 pm

Instructor: Julionne Brown-Little, certified instructor

Location: Bedford Municipal Pool

Fee: \$40 *Verified Resident/\$60 Non-Resident

Bedford Senior Club Members are free and must register in advance

Adult Learn-To-Swim

NEW! Build confidence and essential water safety skills. Designed for beginners or those looking to overcome a fear of the water. Adults looking for evening or weekend lessons, please contact Rachel at 440-439-4560 or email rmachesky@bedfordoh.gov.

Location: Bedford Municipal Pool

Dates: Tuesdays and Thursdays, June 16, 18, 23, 25

Time: 12:00pm-12:45pm

Fee: \$40 *Verified Resident/\$60 Non-Resident

Bedford Senior Club Members are free and must register in advance

UH Walking Club

Join neighbors for a morning of walking and talking to decrease stress, increase endurance, strengthen bones, manage your weight, and improve overall health. A workout for the mind, body and soul.

Call UH Age Well Be Well at 440-735-2559 to register.

Location: Ellenwood Center Archibald Willard Pavilion (walking inside in inclement weather)

Dates: Thursdays

Time: 9:30 am - 10:30am

Fee: Free



RECREATION PROGRAMS

Silver Screen Seniors

Join us for a weekly film. Light snacks and refreshments provided. Registration preferred. Drop-ins welcome if space permits. Free to Bedford seniors. Movies start at 1:00 pm in Ellenwood Center Room 1.

Friday, June 5: Rocky (1976—50th anniversary)

Rocky Balboa (Sylvester Stallone), a small-time boxer from working-class Philadelphia, is arbitrarily chosen to take on the reigning world heavyweight champion, *Apollo Creed* (Carl Weathers), when the undefeated fighter's scheduled opponent is injured. While training with feisty former bantamweight contender *Mickey Goldmill* (Burgess Meredith), Rocky tentatively begins a relationship with *Adrian* (Talia Shire), the wallflower sister of his meat-packer pal *Paulie* (Burt Young). Rated PG. 2 hours, 0 mins.

Friday, June 12: Anaconda (2025)

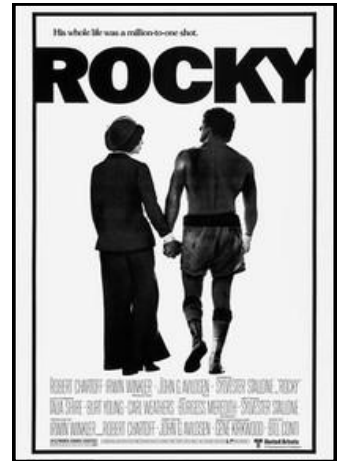
THIS IS NOT A REBOOT. It is an entirely original comedy, inspired by the cinematic 'classic' "Anaconda", that features *Doug* (Jack Black) and *Griff* (Paul Rudd), who have been best friends since they were kids and always dreamed of remaking their all-time favorite movie. When a midlife crisis pushes them to finally go for it, they head deep into the Amazon to start filming. But things get real when an actual giant anaconda appears, turning their comically chaotic movie set into a deadly situation. Rated PG-13. 1 hours, 38 mins.

Thursday, June 18: Soul on Fire (2025)

Directed by Sean McNamara (*SOUL SURFER*, *REAGAN*), written by Gregory Poirier and based on O'Leary's bestselling memoir, *On Fire*, this film is an emotional and faith-filled portrait of resilience as O'Leary not only battles to survive but ultimately discovers what it means to truly live. From frontline workers to family members, and the support of the wider community, this film is a celebration of heroes. Rated PG. 1 hour, 52 mins.

Friday, June 26: Truth & Treason (2025)

As World War II rages, a teenage boy in Germany is forced to confront a terrible truth--loyalty to his country now means loyalty to a lie. When his trusted bishop urges obedience to the Nazi regime, he begins to question everything. And after his Jewish friend is taken away, he secretly listens to banned radio broadcasts and launches a resistance, exposing the truth. But in a nation ruled by fear, defiance comes at a cost--and as the regime closes in, he must decide what it truly means to be a good German. Rated PG-13. 2 hours, 1 min.



RECREATION PROGRAMS

Shelf Indulgence Book Club

Indulge in great conversations, dessert and coffee, and a mix of genres and styles of short stories and books. Facilitated by librarians from the Bedford Branch of CCPL. *LIBRARY BOOK COPIES AVAILABLE AT ELLENWOOD!*

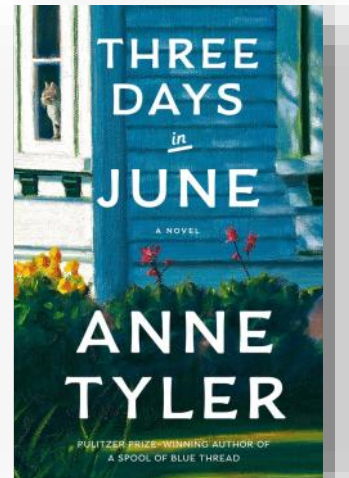
Wednesday, June 10: *The Three Days in June* by Anne Tyler

Goodreads: *A new Anne Tyler novel destined to be an instant classic: a socially awkward mother of the bride navigates the days before and after her daughter's wedding.*

Gail Baines is having a bad day. To start, she loses her job—or quits, depending on whom you ask. Tomorrow her daughter, Debbie, is getting married, and she hasn't even been invited to the spa day organized by the mother of the groom. Then, Gail's ex-husband, Max, arrives unannounced on her doorstep, carrying a cat, without a place to stay, and without even a suit.

But the true crisis lands when Debbie shares with her parents a secret she has just learned about her husband to be. It will not only throw the wedding into question but also stir up Gail and Max's past.

Told with deep sensitivity and a tart sense of humor, full of the joys and heartbreaks of love and marriage and family life, Three Days in June is a triumph, and gives us the perennially bestselling, Pulitzer Prize-winning writer at the height of her powers.



Location: Ellenwood Center Room 1

Dates: Second Wednesday of the month Time: 2:00 pm – 3:30 pm

Binge Watchers

Spend your afternoon binge watching your favorite on-demand series or discover something new! Stay afterwards and discuss your theories and thoughts. It's like a book club for binge watchers! Snacks will be provided.

Location: Ellenwood Center Room 1

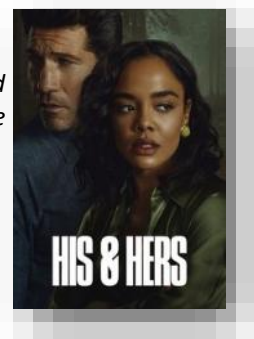
Dates: Tuesdays Time: 2:00 pm

His & Hers

Set in the sweltering heat of Atlanta, Anna lives in haunting reclusivity, fading away from her friends and career as a news anchor. But when she overhears about a murder in Dahlonga – the sleepy town where she grew up – Anna is snapped back to life, pouncing on the case and searching for answers. Detective Jack Harper is strangely suspicious of her involvement, chasing her into the crosshairs of his own investigation. There are two sides to every story: HIS & HERS, which means someone is always lying. Rated MA for violence, sex, sexual violence, language.

May 19 — Episodes 1-3

May 26—Episodes 4-6



Schitt's Creek Season 2

June 2 — Episodes 1-4

June 16 — Episodes 9-13

June 9 — Episodes 5-8



RECREATION PROGRAMS



**LUNCH
AND
LEARN**
WITH **BEDFORD**
PARKS & RECREATION

Join us for lunch and a great historic presentation. Lunch will be served promptly at noon and the presentation will start at 12:30pm. Doors open at 11:30am. Deadline for these programs will be the Friday before the program or until all seats are sold. There will be limited seating and registration is required for these presentations. Walk-ins will not be accepted. Menu is subject to change.

The Articles of Confederation: America's First Government

Join us for an informative Lunch & Learn exploring America's first experiment in self-government. From 1781 to 1789, the Articles of Confederation guided a young nation as it worked to balance independence with unity. This presentation examines the successes and challenges of this early governing framework and how it ultimately shaped the creation of the United States Constitution and the republic that followed. Guests will enjoy a colonial comfort lunch featuring pot roast, root vegetables (carrots and potatoes), a dinner roll, and molasses cookies. Presented by Carl Quatraro, Speaking on Q.



Date: Wednesday, June 3

Time: 12:00 pm - 1:30 pm

Location: Ellenwood Center Gym

Fee: Free to Bedford Senior Club members/\$15 for non-members



Save the Dates...

Hometown Heroes: Celebrating Ohio's Famous Figures

Wednesday, July 1

American Traitor: Benedict Arnold

Wednesday, August 5





SUMMER AQUATICS



The Parks & Recreation Department operates the Bedford Municipal Pool located at 26 Ellenwood Ave. The facility features: six lane by 25 yard competition swimming pool, waterslide, zero-depth area, and spray ground. The Bedford Municipal Pool is staffed with American Red Cross certified Lifeguards.

The pool officially opens for the season on Wednesday, June 10.

Passholders get early access during our pre-opening weekend:

Saturday, June 6 and Sunday, June 7, from 1:00pm–5:00pm.

Season Pass Fees *(Must be a verified Bedford Resident)*

Individual Pass (ages 3-59) \$40

Senior Pass (ages 60+) \$20

Household Family of Four Pass \$100

Each additional household member \$15

Pre-season pass sales begin May 1 at Ellenwood Center during regular office hours. Each household member must provide verified proof of residency. Starting June 7, season passes will be available for purchase in person at the pool.

Daily Drop-In Fees

Bedford Resident \$5 *(residency verification required)*

Guest \$10 *(Must be accompanied by a Bedford pool passholder on a 1-1 ratio. Guests must provide name, date of birth and emergency contact information.)*

What is Verified Residency?

Our Residency Membership provides exclusive access to our high-demand programs and discounts for verified residents. This program ensures that local households enjoy the benefits our community has to offer while supporting fair and equitable enrollment and use of resources. This membership is currently required for Learn-To-Swim and Summer Day Camp early enrollment and resident pricing and Summer Pool passes. Proof of residency is required every 2 years per household member. Verify residency by emailing documents to recreation@bedfordoh.gov or visit the Ellenwood office/pool during business hours.

Residency Requirements for Adults (only one required):

- Valid government-issued photo ID (driver's license, state ID)
- Utility bill (water, electricity, gas) dated within the last 30 days
- Current lease or mortgage agreement/property tax bill

Residency Requirements for Children (only one required):

- Official correspondence with child's name and address (report card, insurance, bank)
- Birth certificate or guardianship documents (accompanied by the adult's residency proof)

DAY TRIPS for SENIORS



Register online: bedfordoh.myrec.com

Register by phone: (440) 735-6570

Register in person: **Ellenwood Center**
124 Ellenwood Ave



Cleveland Guardians vs. Athletics **Saturday, September 19 at Progressive Field**



Join us for exciting night out to watch our Cleveland Guardians take on the Athletics at Progressive Field in downtown Cleveland. First pitch is at 6:10pm. Being the last home series of the regular season, we are in for a treat of promotions! It is Fan Appreciation Night and attendees can buy Sugardale Dollar Dogs or pre-game in the District with \$2 Coors Light. Fans will receive a 2027 Schedule Poster and enjoy a post-game Fireworks display! The first 15,000 fans receive a 125th Anniversary Pennant Giveaway (no guarantees).

We will board the bus at 4:00pm by the pavilion and leave Ellenwood Center at 4:15pm. We will return after the game and fireworks, approximately 10:15pm. We will be riding a school bus provided by Bedford City Schools. Please note that this trip requires mild-moderate walking, stairs and extended standing. All participants must be physically independent, have their own mobility devices and/or have a caregiver assist them.

Price includes one game ticket and transportation. Our tickets are in the lower level in sections 136/138 on the first base/right field side (ticket currently valued at \$72). Food on your own. Our group has a 40 ticket limit.

Fee: \$40 Bedford Senior Club member/\$50 for non-member

Registration for Bedford Club Members begins June 1 at 10:00am. Non-Club members must be a registered guest of a Bedford Senior Club member and may be registered beginning July 1 (Please note, the last few years we have sold out with just Club members and did not have guests). Limit of 1 guest max. Registration deadline July 31. No refunds after the deadline.



NEW THIS YEAR PER GUARDIANS: Tickets will be distributed digitally only. All attendees must either have a smartphone with access to the MLB Ballpark app or be partnered with another attendee who has access. Tickets will be transferred in late August/early September to the email address provided during registration. Please note: Once tickets have been transferred digitally, they cannot be recovered. To avoid issues on Game Day, all attendees should download the MLB Ballpark app and view their digital tickets. Ensure your app is up-to-date and you know your login credentials prior to arriving at the gate. App directions are available on our registration page and upon request.



DAY TRIPS for SENIORS



Register online: bedfordoh.myrec.com

Register by phone: (440) 735-6570

Register in person: **Ellenwood Center**
124 Ellenwood Ave

Tower City Center & JACK Cleveland Casino Thursday, August 13

Spend the day in downtown Cleveland with a blend of gaming excitement and leisurely enjoyment. Try your luck at JACK Casino with various games like slots, blackjack, and poker. Take a stroll through Tower City Center and explore the shops and attractions housed within the historic building.



We will board the bus at 10:30am by the pavilion and leave Ellenwood Center at 10:45am. Lunch on your own. We will board the bus to leave at 3:30pm and depart at 3:45pm. Estimated return is 4:30pm. We will be riding a school bus provided by Bedford City Schools. Please note that this trip requires mild-moderate walking, stairs and extended standing. All participants must be physically independent, have their own mobility devices and/or have a caregiver assist them.

Free for registered Bedford Senior Club member/\$10 for non-member

Registration for Bedford Club Members begins June 1 at 10:00am Non-Club members must be a registered guest of a Bedford Senior Club member and may be registered beginning July 1. Limit of 2 guests max. Registration deadline August 7. Limit 30.

Note: ELLENWOOD CENTER MAY BE CLOSED DUE TO CLEANING/RENOVATIONS. There may only be access to a porta-potty before/after your trip.

What are we researching and/or planning...? *Trips and timeframes subject to change.*

- ◆ **Great Lakes Science Center (Titanic Exhibit) (late August/early September)** — info available in next newsletter, registration early/mid July
- ◆ **Playhouse Square: Death Becomes Her (September 30)** — info available in next newsletter, registration early/mid July
- ◆ **Majestic Meadows Alpaca Farm (early/mid October)** — info coming in early/mid fall
- ◆ **Playhouse Square: Wicked (December 10)** — info coming in early/mid fall



CITY OF BEDFORD
SUMMER **2026**
CONCERT
SERIES

Bedford Commons
730 Broadway Ave



JUN 10

ALT95 CLEVELAND

ALTERNATIVE-ROCK & POP PARTY

JUN 24

BLACK VOLTRON

JAZZ, HIP-HOP, NEO-SOUL

JUL 8

CHARDON POLKA BAND

POLKA PARTY

JUL 22

OLD SKOOL

80'S & 90'S THROWBACK DANCE

AUG 5

SOUL SHAKE & THE EASTSIDE HORNS

BLUES, SOUL, CLASSIC ROCK

AUG 19

LAND OF PANDA

REGGAE, ROCK, DUB

Bands Perform 7:00PM-9:00PM

PRESENTED BY

CITY OF BEDFORD

BEDFORD PARKS & RECREATION



2026 EVENTS

SUMMER CONCERT SERIES

BEDFORD COMMONS
Wednesday Evenings
7:00 - 9:00 P.M.

JUNE 10

JUNE 24

JULY 8

JULY 22

AUGUST 5

AUGUST 19

(DATES ARE SUBJECT TO CHANGE)

440-735-6570

RECREATION@BEDFORDOH.GOV

MAY 25
MON

MEMORIAL DAY PARADE & CEREMONIES
10:15 A.M.

MIKE GUYER
440-773-2835
mguyer@msn.com

JUNE 12 - 14
FRI - SUN

BEDFORD HISTORICAL SOCIETY STRAWBERRY FESTIVAL

BETSY LEE
216-536-0093
georgesmom25@yahoo.com

JULY 4
SAT

4TH OF JULY PARADE
10:00 A.M. | COLUMBUS ROAD

BEDFORD CITY HALL
440-735-6502
azgrabik@bedford.gov

JULY 10 - 12
FRI - SUN

CITY OF BEDFORD'S LIBERTY DAYS HONORING 250 YEARS OF AMERICA

PARKS & RECREATION
440-735-6570
recreation@bedfordoh.gov

JULY 17 - 19
FRI - SUN

BEDFORD ROTARY RIB FESTIVAL

CHRIS BULANDA
216-338-7124
chrisb@berwyntech.net
www.bedfordrotary.org

AUG 8
SAT

BEDFORD HISTORICAL SOCIETY FLEA MARKET
9:00 A.M. - 4:00 P.M.

CHRIS SWEET
440-439-7470
cmst1776@hotmail.com

AUG 14 - 16
FRI - SUN

CLEVELAND PAGAN PRIDE

MATTHEW STEWART
440-439-4372
clevelandpaganpride@yahoo.com

SEP 12
SAT

COMMUNITY GARAGE SALE
9:00 A.M. - 4:00 P.M. | CITY WIDE

BEDFORD CITY HALL
440-735-6530
www.bedfordoh.gov

OCT 3
SAT

CITY OF BEDFORD CHILDREN'S FALL FEST
10:00 A.M. - 1:00 P.M.

BEDFORD CITY HALL
440-735-6502
azgrabik@bedford.gov

NOV 25
WED

TREE LIGHTING CEREMONY
6:00 P.M.

BEDFORD CITY HALL
440-232-1600

VISIT WWW.BEDFORDOH.GOV FOR UPDATED INFORMATION

COMMUNITY SHRED DAYS

BEDFORD CITY HALL PARKING LOT

SATURDAY, MAY 16 &

SEPTEMBER 12
9:00 A.M. - 12:00 P.M.

BE SURE TO VISIT THE CITY OF BEDFORD WEBSITE AND SOCIAL MEDIA PLATFORMS FOR FURTHER AND CURRENT INFORMATION.

WWW.BEDFORDOH.GOV

[@BEDFORDOH](https://www.facebook.com/CITYOFBEDFORD)

[@CITYOFBEDFORD](https://www.instagram.com/CITYOFBEDFORD)

City of Bedford's

JUNETEENTH COMMUNITY CELEBRATION

FRIDAY | JUNE 19 | 12PM-5PM | ELLENWOOD CENTER
OUTDOOR EVENT 124 ELLENWOOD AVE

Celebrate freedom, community, and fun!

Bedford residents are invited to a vibrant Juneteenth celebration filled with music, activities, and family fun!

**FREE inflatables and activities for Bedford families from 12-4 PM
Proof of residency required for activity wristbands.**

*Guests of Bedford residents are \$10 for each wristband. Limit of 2 guests per family.
Children 11 and under must be accompanied with a Resident adult.*

**Delicious eats from Smokin' Babes Barbeque Food Truck
and Feed Myyy Bellyyy Food Truck available for purchase.**

*Delicious southern homemade cuisine and American comfort food with a Caribbean twist!
Food available from 12:00-4:00pm*

Live music from resident and artist Jul Big Green from 12-1:30 PM

**Cool off with open swim at Bedford Pool from 1-5 PM
Complimentary snow cones for pool attendees from 2-4 PM**

*Pool membership or \$5 daily resident admission required with proof of residency.
Guests are \$10 and must be accompanied by a Bedford pool pass holder on a 1-1 ratio.*

MUSIC GAMES FOOD TRUCKS

VERIFY YOUR RESIDENCY AND RESERVE
YOUR WRISTBANDS IN ADVANCE!

VISIT BEDFORDOH.MYREC.COM OR CALL 440-735-6570
FOR MORE DETAILS.



BEDFORD
PARKS & RECREATION




Sign Up
to receive your
BEDFORDNEWS
electronically!
www.bedfordoh.gov

City of Bedford Newsletter

May 2026

Memorial Day Parade

 The Bedford Memorial Day Parade is on Monday, May 25th at 10:15 a.m. It begins at Bedford City Hall which is at 165 Center Rd and proceeds to the Bedford Commons for Flag Raising and Decoration of the War Memorials. The parade then proceeds down Broadway to the Bedford Cemetery where there is a speaker, recognition of deceased service members, and Flag Folding.

This year's speaker is Greg White, a Vietnam Veteran, who is a highly decorated Marine from the 9th Regiment.

Bedford Celebrates America 250

Join the Bedford Historical Society, in collaboration with the City of Bedford, for special America 250 Speaker Series hosted at Ellenwood Center on select dates.

Topic: Archibald Willard and *The Spirit of '76*
Date: Friday, May 8, 2026
Time: 7:00 p.m. - 8:30 p.m.

Location: Ellenwood Center, 124 Ellenwood
Fee: FREE! Reserve a seat or walk-ins welcome.

Donations accepted for Bedford Historical Society. Light refreshments will be served.

Chipper Service

Chipper service will be the weeks of May 4, June 1, July 6, August 3, September 8 and October 5, 2026.

All items need to be on the curb and called into the Service Department, 440-735-6583, before the start of brush pick up for that month. We will not add addresses once pick up has begun for that month.

Place branches on the tree lawn with cut ends facing the street. Branches must be under 10 inches in diameter and at least 3 feet long. No vines, thorn bushes, treated wood, or construction materials. For full guidelines, visit our website, www.bedfordoh.gov or call 440-735-6583.

Garden Club Bedford Beauty

Bedford Garden Club will be canvassing the city looking for homes that make our town brighter & more beautiful. Points will be awarded for Beauty/curb appeal, Neatness-grass cut, beds weeded, live flowers, displaying a standard size or larger American flag.

In honor of America's 250th birthday we are excited to see many red, white, & blue themed gardens. Of course pinks, purples, yellows, oranges, every color flower is appreciated!

Judging Monday, June 23rd - July 3rd. If you are choosing to participate please note - No artificial flowers and limited yard knick-knacks.

Nominate a yard by sending the address & reason for nomination to by Flag Day, June 14th Tstradiot@gmail.com. These yards will be given special consideration when being viewed. Thank you to all who are taking pride & care of your home. You are making Bedford more beautiful one flower at a time.

Animal Trap Return Request

We ask that any residents who have used a trap provided by the Animal Warden to catch an animal—and still have the trap in their possession—please call the non-emergency police number, 440-232-1234 and request the Animal Warden. He will arrange to pick up the trap.

We currently have several traps that have not been returned. There is no penalty for returning them.

Community Shred Day

The City of Bedford will be hosting two shred days this year, Saturday, May 16 and Saturday, September 12 from 9:00 a.m. to 12:00 p.m. at Bedford City Hall. These free events will provide community members with a safe and secure resource to shred their documents. Grant funding for shredding event provided by the Cuyahoga County Solid Waste Management District.



Important Dates

- ◆ **Council Meeting**
May 4
7:00 p.m.
- ◆ **America 250 Friday Speaker Series**
May 8
7:00 p.m. - 8:30 p.m.
- ◆ **Community Shred Day**
May 16
9:00 a.m. - 12:00 p.m.
- ◆ **Council Meeting**
May 18
7:00 p.m.
- ◆ **Memorial Day— City Hall Closed**
May 25
- ◆ **Memorial Day Parade**
May 25
10:15 a.m.

CITY OF BEDFORD

2026 LANDSCAPE CONTRACTOR LIST

Last Revised 4/7/2026

Dobbs Landscaping and Plowing
(216) 780-1346

- Senior Discount Offered
- Price depends on lawn size
- Spring and fall cleanup available

Gales Landscaping
(216) 315-5216

- Senior Discount Offered
- Price depends on lawn size
- Spring and fall cleanup available
- Mulching available

Green's Lawn Service
(216) 507-0045
(216) 632-2285

- Senior Discount Offered
- Price depends on lawn size
- Spring and fall cleanup available
- Mulching available

Just Like Mine Landscaping
(440) 622-4001
shaker329@gmail.com

- 20% Senior Discount Offered
- Price depends on lawn size
- Bushes/shrub trimming available
- Small tree removal

Pro-Mow Landscaping
(440) 439-4456
(216) 276-3399 call/text

- Senior Discount Offered
- Price depends on lawn size
- Tree removal

SJT Lawn Care
(330) 998-1483

- Senior Discount Offered
- Price depends on lawn size
- Spring and fall cleanup available
- Bushes/shrub trimming available
- Small/medium tree removal
- Mulching available

Turf Kings Property Management
(216) 645-3108

- Senior Discount Offered
- Price depends on lawn size
- Bushes/shrub trimming available
- Spring and fall cleanup available

Jim Westfall
(440) 232-0544

- Senior Discount Offered
- Price depends on lawn size & difficulty
- One-time cuts and seasonal contracts
- Spring and fall cleanup available

Provider list and prices are subject to change during season – always confirm pricing with Provider

The City of Bedford does not endorse or recommend any of the landscape contractors/companies included on this list; it is provided strictly as a courtesy. Contractors may request to be added to this list by contacting the Bedford Parks & Recreation Department. Any actions you take based on the information provided are at your own risk, and the City of Bedford is not liable for any losses or damages that may arise from the use of this list.



The Bedford Branch is located at 70 Columbus Road.
For more information or to register for a program, please call (440) 439-4997

Afternoon Book Discussion—SEE PAGE 14 FOR DETAILS!

Location: Ellenwood Center Room 1

Dates: Second Wednesday of the month

Time: 2:00 pm – 3:30 pm

African American Authors Book Group— In-Person or Virtual

Bedford Branch - Meeting Room, Bedford Branch Zoom Time: 7:00pm - 8:30pm

Thursday, May 28: Once Upon a Time in Dollywood by Ashley Jordan

Thursday, June 25: June Title: Recitatif: A Story by Toni Morrison

PowerPoint Basics

Friday, May 22: 10:00am - 1:00pm

Bedford Branch - Meeting Room

Create a simple presentation and learn how to add text, images and transitions to slides. Prerequisite: Computer Basics or equivalent experience.

Cozy Collective - Fiber Arts

Wednesday, June 10 & July 15: 7:00pm - 8:30pm

Bedford Branch - Meeting Room

A relaxed space for those who like to keep their hands busy: knitting, crocheting, embroidery, or anything yarn-related.

The History of Juneteenth

Saturday, June 13: 11:00am - 12:00pm

Bedford Branch - Meeting Room

Join us for an engaging and educational program exploring the history and significance of Juneteenth.

PowerPoint Advanced Features

Friday, June 12: 10:00am - 12:00pm

Bedford Branch - Meeting Room

Learn how to take your presentation to the next level. Topics include using slide master and adding animations, hyperlinks, videos and sound. Prerequisite: PowerPoint Basics.

Quick Pickled Vegetables

Saturday, June 27: 2:00pm - 3:00pm

Bedford Branch - Activity Room

Explore the basics of quick pickled vegetables in this hands-on class. Registration opens on Wednesday, May 27 2026 at 9:00am



bedfordgardenclub.com

38th ANNUAL PLANT SALE

Friday May 15th | 2.30pm – 6:30pm & Saturday May 16th | 10:00am – 2:00pm

Ellenwood Recreation Center,
124 Ellenwood Avenue, Bedford, OH

**PERENNIALS, ANNUALS, HERBS,
VEGETABLES...SUN & SHADE PLANTS, DEER
RESISTANT AND EVERYTHING IN BETWEEN!**



Become a member of
THE BEDFORD GARDEN CLUB
and help keep
Bedford beautiful!

Visit the plant sale or
bedfordgardenclub.com
for membership
information!



3% card surcharge added for payment processing



The Bedford Garden Club will host a speaker from Cleveland Metroparks who will discuss "What You Need to Know About the Spotted Lanternfly" on Thursday, May 21, 7pm at Ellenwood Center. Learn how you can manage this invasive insect as we head into summer!



Enrollment for Senior Farmers Market Nutrition Program is open

The Ohio Department of Aging (AGE) announced a new season of the Senior Farmers Market Nutrition Program (SFMNP). Eligible Ohioans will once again have access to \$50 in fresh locally grown fruits, vegetables, fresh-cut herbs, and unprocessed honey. Applications are available Wednesday, April 22, and will be open until Friday, May 22, at 6:00 pm. Applications are available online at aging.ohio.gov/SFMNP. To be eligible for the program, Ohioans must be 60 or older and earn less than 185% of the federal poverty level.

Ohioans must reapply every year to continue receiving benefits. program recipients will have the opportunity to sign up for digital benefits this year, redeemable with a smartphone app. Ohioans who sign up for the program with an email address will receive a confirmation email of their approval and can begin using their \$50 starting on May 15.

Physical membership cards also remain available. Ohioans who chose to receive physical cards last year, and who remain eligible this year, will be able to reuse those cards in 2026, with the \$50 loaded onto the cards on May 15. Physical cards will also be delivered to eligible Ohioans who misplaced their 2025 cards, did not obtain a physical card in 2025, or who are signing up for the first time in 2026. Physical cards may take 4-6 weeks for delivery. You can find more information and answers to [frequently asked questions](#) about the SFMNP on AGE's website. on AGE's website.



BCSD AUTHOR PANEL & EXPO

SHE WRITES. SHE EMPOWERS. SHE LEADS.

CELEBRATING WOMEN IN LITERACY



NEW DATE!!

**Thursday
MAY
14TH**



6:00 PM – 8:00 PM

LOCATION:
COLUMBUS INTERMEDIATE SCHOOL
23600 COLUMBUS ROAD
BEDFORD, OHIO 44146



Author
Nicole D. Miller



Author
Nikki Gregory



Author
Randall Gregory



Author
Sasha Bequette-
Abdullah



Highlighting
Women's Voices, Literacy, and Authorship!

This Event is Free and open to the community

Bedford Historical Society Speaker Series
and the City of Bedford
present

Declaration 250: America's
Commitment Renewed



Presented by Lake Erie Heritage Foundation

In 2026, the United States will commemorate the 250th anniversary of its founding through Declaration 250: America's Commitment Renewed, a national observance focused on the moment the Declaration of Independence became a binding act. While July 4, 1776, marks the document's adoption, August 2, 1776, marks the day when the signers placed their names upon it. That act transformed revolutionary ideals into personal commitment. By signing the Declaration, the founders committed an act of treason against the British Crown, knowingly pledging their lives, fortunes, and sacred honor to the cause of independence.

On August 1 and 2, 2026, Americans will be invited to take part in a National Signing Ceremony in Put-in-Bay, at the Perry's Victory & International Peace Memorial—a site that uniquely connects the defense of American independence with the enduring pursuit of peace. Overlooking Lake Erie, the memorial stands as a powerful symbol of sacrifice, unity, and international cooperation. Ohio's role in this commemoration is both intentional and fitting. Throughout American history, the state has quietly provided leadership, industry, and military strength at critical moments. Declaration 250 places Ohio at the heart of the nation's 250-year story.

Friday June 5, 2026 7:00pm

Ellenwood Center Gym,

124 Ellenwood Ave, Bedford, OH 44146

Doors open at 6:30. Refreshments served.

This event is FREE - Donations accepted.



"The Bedford Historical Society Speaker Series is supported in part by the residents of Cuyahoga County through a public grant from Cuyahoga Arts & Culture."

"Any views, findings, conclusions or recommendations expressed in this program, do not necessarily represent those of Cuyahoga Arts & Culture or The Bedford Historical Society."

Believe in Bedford... A Wonderful Place to Live



2026 Strawberry Festival
June 12-13-14 • 730 Broadway Avenue

**PRE-ORDER YOUR
 FRESH STRAWBERRY PIE!**

\$22
PRE-ORDER ONLY!
TO ORDER CALL
MARILYN KOCI
(440) 725-9460
PAYMENT DUE WHEN ORDERED
NO REFUNDS
LAST DAY TO PRE-ORDER
JUNE 11



**The Division of Senior and Adult Services
 Clinical Programs**

Flexible and affordable in-home care programming that supports aging in your residence

Eligible to Cuyahoga County residents 60 years of age and over and 18 -59 with a disability

- Case Management
- Home Delivered Meals
- Homemaking Services
- Personal Care
- Skilled Nursing Services
- Medical Transportation
- Emergency Response Devices
- Laundry Services

CONTACT CLINICAL PROGRAMS

216.420.6700 | hhs.cuyahogacounty.gov/dsas

Monday - Friday 8:30 am - 4:30 pm



Cuyahoga County
 Division of Senior and Adult Services

MEMORIAL DAY

Traditional Parade and Memorial Services



MONDAY, MAY 25, 2026
BEDFORD, OHIO
10:15 am

Speaker:
Greg White, Decorated Marine,
Retired Federal Magistrate Judge &
U.S. District Attorney for Northern Ohio



*They lived and died,
but not in vain,
for they paused with us
on their way to immortality . . .
and our world is a better place
for their pausing.*

The Memorial Day parade in Bedford is an annual commemoration reaching back to the days shortly after the Civil War. For more than a century veterans of America's wars have marched down Broadway on that special day in May, to the Public Square and on to the cemetery, paying solemn tribute to the many who have died in the service of our country.



Program of All-inclusive Care for the Elderly

McGregor
PACE

Home Care **Plus!**

Live At Home. Your Goal. Our Priority!

The PACE model of care includes a specialized trained team of medical professionals that works together to coordinate your medical and socialization needs. PACE gives you peace of mind while you live at home.

PACE provides the following services:

Who is Eligible for the PACE Program?

- 55 Years and Older
- Live in Cuyahoga, Lorain or Summit County
- Meet Level of Care
- And Live Safely in the Community

- Primary Care physician
- Medical Specialist
- Medications/Prescriptions
- Medical Clinic
- Transportation
- Adult Activity Center
- Home Health Care
- Meals
- Therapy - Physical, Occupational and Speech
- Dental, Vision, and Hearing
- Home Care Nurse
- Social Services
- Respite Care
- Durable Medical Equipment (Canes, Walkers, Wheel Chairs, Hospital Bed, Commodes, Shower Bench)

888.895.PACE (7223) • mcgregorpace.org

Warrensville Heights • Brooklyn • Forest Hill • Elyria • Akron



HOW TO BE MORE ACTIVE



MOVE MORE

Adults should get a weekly total of at least



150

MINUTES

of moderate aerobic activity
(water aerobics, social dancing,
gardening)

OR



75

MINUTES

of vigorous aerobic activity
(running, swimming laps,
jumping rope)

Or a combination of both, spread throughout the week.

BE STRONG

Include muscle-strengthening activity (like resistance or weight training) at least twice a week.

ADD INTENSITY

Increase time, distance, amount or effort for more benefits.

SIT LESS

Get up and move throughout the day.

KIDS & TEENS

should get at least 60 minutes of physical activity every day, including play and structured activities.



TIPS FOR SUCCESS



SET GOALS

Set realistic goals and make small, lasting changes to prime yourself for success.



KEEP GOING

Once you reach these goals, don't stop. Gradually increase your activity and intensity to gain even more health benefits.



WALK MORE

There are many ways to get active. You may find walking the easiest way to start.



STAY ACTIVE

Not only can it help you feel, think, sleep and live better, staying active also improves overall quality of life. Every active minute counts toward your goal.



ADD IT UP

Find ways to move more throughout your daily routine, whether it's at work, on your commute or at home. Every active minute counts toward your goal.

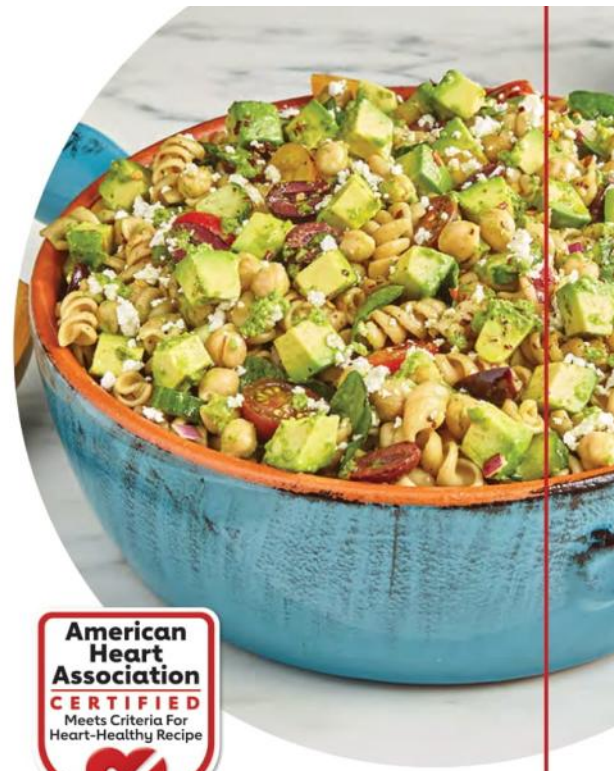


MAKE A HABIT

Do something active every day at about the same time so it becomes a regular habit. Put it on your schedule so you're less likely to miss a day.

Learn more at heart.org/lifes8

Avocado Tomato Basil Pasta Salad with Pesto Avocado Dressing



SERVES

8 • 1 cup salad plus 2 tablespoons dressing per serving



PREP TIME

15 minutes



COOK TIME

15 minutes



TOTAL TIME

30 minutes

Ingredients Dressing

- 1 medium avocado, peeled, pitted and sliced
- 1/2 cup fresh basil, chopped
- 2 medium garlic cloves, mashed
- 2 tablespoons reduced-fat grated Parmesan cheese
- 1 tablespoon avocado oil
- 1 tablespoon red wine vinegar

Ingredients Salad

- 3 cups dried enriched whole-wheat rotini pasta
- 1 medium avocado, cubed
- 2 cups spinach, chopped
- 2 cups cherry tomatoes (tri-colored), halved
- 1 1/2 cups canned low-sodium garbanzo beans (chickpeas), rinsed and drained
- 1/2 medium red onion, diced
- 1/2 large English cucumber, quartered, diced
- 2 ounces reduced-fat feta cheese, crumbled
- 10 Kalamata olives, drained, chopped
- 1/2 cup fresh basil leaves, chopped
- 1/2 tablespoon crushed red pepper flakes
- 1 teaspoon dried oregano
- 2 tablespoons lemon juice

Directions

1. Prepare the pasta according to the package directions. Do not overcook. It is better to have firm pasta or slightly undercooked (al dente).
2. For the dressing: Process the dressing ingredients in a food processor until smooth. Refrigerate until ready to serve with the pasta salad.
3. For the salad: In a large bowl, combine the cooked pasta, avocado, spinach, tomatoes, beans, onion, cucumber, cheese, olives, basil, red pepper flakes and oregano. Pour 1 cup dressing over the salad, gently tossing to coat. (Refrigerate any extra dressing for future use.) Drizzle with the lemon juice.

Nutrition Analysis (per serving)

Calories	250
Total Fat	13.0 g
Saturated Fat	2.0 g
Trans Fat	0.0 g
Polyunsaturated Fat	2.0 g
Monounsaturated Fat	12.0 g
Cholesterol	3 mg
Sodium	255 mg
Carbohydrates	27 g
Fiber	8 g
Total Sugars	4 g
Includes Added Sugars	0 g
Protein	8 g

Dietary Exchanges

1 1/2 starch, 1 vegetable, 1 lean meat, 2 fat

This recipe from Avocados From Mexico is an American Heart Association Heart-Check Certified Recipe.

JUNE HOLIDAYS

DATE	HOLIDAY
1	International Children's Day
2	National I Love My Dentist Day
3	National Prairie Day
4	National Cheese Day
5	Hot Air Balloon Day
6	National Applesauce Cake Day
7	Daniel Boone Day
8	National Best Friends Day
9	National Donald Duck Day
10	National Egg Roll Day
11	National Corn on the Cob Day
12	Superman Day
13	World Softball Day
14	National Strawberry Shortcake Day
15	National Bug Busting Day

DATE	HOLIDAY
16	Fresh Flip Flop Day
17	National Apple Strudel Day
18	National Go Fishing Day
19	Juneteenth
20	Bald Eagle Appreciation Day
21	National Cookie Dough Day
22	National Onion Ring Day
23	National Pink Day
24	Swim a Lap Day
25	Global Beatles Day
26	National Chocolate Pudding Day
27	National Onion Day
28	National Paul Bunyan Day
29	National Fisherman Day
30	National Corvette Day

JOKES & MORE! SUBMITTED BY OUR SENIORS

SUMMER ONE-LINERS

What do you call a snowman on Spring Break? A puddle

Why did the robot go on summer vacation: He needed to recharge his batteries

Why did the summer school teacher wear sunglasses? Because her class was so bright

What do you call a dog on the beach in the summer? A hot dog!

What do you call a Frenchman wearing summer beach sandals? Phillipe Phloppe.

What did the pig say at the beach on a hot summer's day? I'm bacon!

How do men exercise at the beach? By sucking in their stomach every time they see a bikini.

My friend went for a job interview at a sun cream factory but didn't get it. He's going to reapply.

What did the air conditioning unit say to its owner? I'm your biggest fan.

What do you call six weeks of rain in Scotland? Summer!

What's the best day to go to the beach? SUN day!

Where did the sheep go on vacation? The Baa-hamas!

What's brown, hairy and wears sunglasses? A coconut on vacation!

BEST DAD JOKES

I was addicted to the hokey pokey but I turned myself around.

Did you hear about the new pencils with an eraser on each end? I just don't see the point.

Where do you learn to make ice cream?
Sunday School

I'd like to thank all the sidewalks for keeping me off the streets.

What do you call a pony with a sore throat?
A little horse.

Why can't your nose be 12 inches long?
Because then it would be a foot.

I'm terrified of elevators. I'm going to start taking steps to avoid them.

I used to hate facial hair but then it grew on me.

BEST DAD JOKES

How do you make a tissue dance?
Put a little boogie in it.

I used to have a job at a calendar factory
but I got fired for taking a couple days off.

How many tickles does it take to make an
octopus laugh?
Ten Tickles

What did the buffalo say to his son when he
dropped him off at school?
Bison

How many apples grow on a tree?
All of them.

What do you get when you cross a vampire with
a snowman?
Frostbite

What's brown & sticky?
A stick.

Want to hear a joke about paper?
Never mind, it's tearable.

The rotation of the earth
really makes my day.

Did you hear about the restaurant on the moon?
Great food, no atmosphere.

How does a penguin build a house?
Igloos it together.

What did the grape do when he got stepped on?
He let out a little wine.

Why don't crabs give to charity?
They're a little shellfish.

Why do melons have weddings?
Because they cantaloupe.

Want to hear a joke about construction?
I'm still working on it.

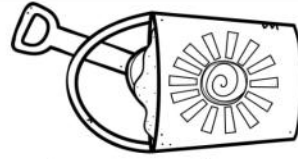
Why did the scarecrow win an award?
Because he was outstanding in his field.

SUMMER FUN!!

UNSCRAMBLE THE WORDS

June marks the beginning of summer and the start of ALL sorts of summer fun! After you've unscrambled summer related word, write the circled letter above the number to which it belongs at the bottom. This will reveal the answer to the riddle!

1. slungseass _____ ○ _____
2. ncipsic _____ ○ _____
3. mimsing _____ ○ _____
4. cotvania _____ ○ _____
5. mapginc _____ ○ _____
6. malneod _____ ○ _____
7. nucesesn _____ ○ _____
8. meltwarneo _____ ○ _____
9. spiceslop _____ ○ _____
10. trapskrawe _____ ○ _____
11. cabeh _____ ○ _____

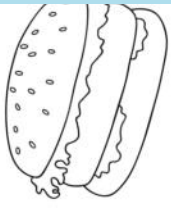


What do cats really like to eat in the summer?

5 3 2 10 2 8 10 4 6 2 9 7 10 1

COOKOUT TIME!

SOLVE AND DRAW



Directions: Start at the beginning and solve the maze. Stop each time you come to a box and draw the item written there. Continue until the entire maze is solved.

PUZZLES & MORE

8			2	6				4
	1			8	3		6	2
2	6		7	4		1		
		6		7	8	2	1	
		4		3	2		8	
	2				9			7
7	4			1	6		2	
	3		8		4		7	1
		1		2	7			6

	1		2		5			8
	2	4	9	8				5
	5	8	7		1		2	
6		5	3		2		8	1
2		7	1			3		9
		1	5		8	2	6	
		2	6		7	8		
8				1		5		2
		9		2	3		1	

	2				9		7	6
	7		6	2		8	9	
	4	6		8	5		3	
	8	2	9				6	
5	6				8		2	
7				6	2	9		8
	5	8	2		6	7	4	
	3	4	8		7	5		2
	9	7	5				8	

		7	1	2		8		
	4			8				6
	6			9		7	1	
		2		6		1		
6	8		7			4	2	
	1				5		8	
7				5	1		6	8
5		8		7		2		1
1			8		2		7	5

FIRST LADIES of the U.S. CRACK THE CODE

June 2nd is First Ladies Day! The United States has had over 50 First Ladies. Use the CODE CLUES to identify the letters for each word to uncover 10 of them.

												
A	B	C	D	E	F	G	H	I	J	K	L	M
												
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

1. 

2. 

3. 

4. 

5. 

6. 

7. 

8. 

9. 

10. 



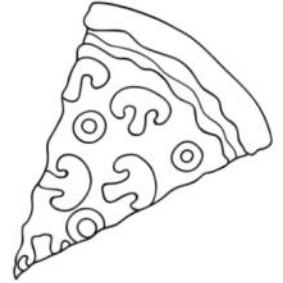
REVERSE TIME!

Martha Washington was the first First Lady. She and George Washington were married for over 40 years! Write her name in code below.

Code: _____

YUM...SO CHEESY!!

WORD SEARCH

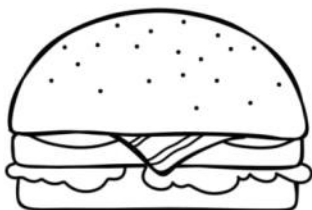


June 4th is National Cheese Day! Cheese is oh so yummy, and it can come in many varieties! See if you can find the 18 different cheeses hidden below!

WORD BANK

- cheddar
- Swiss
- Havarti
- feta
- brie
- mozzarella
- parmesan
- cottage
- gouda
- stilton
- provolone
- colby
- ricotta
- mascarpone
- pecorino
- gorgonzola
- camembert
- muenster

R	E	C	Y	A	U	S	P	D	M	N	R
Z	A	O	O	H	D	A	J	X	O	O	I
H	Q	D	F	L	R	U	J	T	Z	T	C
W	H	N	D	M	B	J	O	I	Z	L	O
B	X	T	E	E	K	Y	T	G	A	I	T
T	J	S	L	G	H	R	Y	B	R	T	T
Z	A	O	S	M	A	C	I	O	E	S	A
N	B	Q	N	V	U	J	F	P	L	R	L
S	M	R	A	I	V	E	N	Y	L	P	O
S	S	H	I	Z	R	H	N	H	A	B	Z
I	C	L	D	E	Z	O	Y	S	T	V	N
W	E	G	A	T	T	O	C	X	T	G	O
S	D	F	F	E	T	A	U	E	J	E	G
P	R	O	V	O	L	O	N	E	P	Y	R
E	N	O	P	R	A	C	S	A	M	Q	O
N	C	A	M	E	M	B	E	R	T	M	G



ANSWER KEYS

8	9	7	2	6	1	3	5	4
4	1	5	9	8	3	7	6	2
2	6	3	7	4	5	1	9	8
3	5	6	4	7	8	2	1	9
9	7	4	1	3	2	6	8	5
1	2	8	6	5	9	4	3	7
7	4	9	5	1	6	8	2	3
6	3	2	8	9	4	5	7	1
5	8	1	3	2	7	9	4	6

9	1	6	2	3	5	7	4	8
7	2	4	9	8	6	1	3	5
3	5	8	7	4	1	9	2	6
6	9	5	3	7	2	4	8	1
2	8	7	1	6	4	3	5	9
4	3	1	5	9	8	2	6	7
1	4	2	6	5	7	8	9	3
8	6	3	4	1	9	5	7	2
5	7	9	8	2	3	6	1	4

8	2	5	3	1	9	4	7	6
3	7	1	6	2	4	8	9	5
9	4	6	7	8	5	2	3	1
4	8	2	9	5	3	1	6	7
5	6	9	1	7	8	3	2	4
7	1	3	4	6	2	9	5	8
1	5	8	2	3	6	7	4	9
6	3	4	8	9	7	5	1	2
2	9	7	5	4	1	6	8	3

9	5	7	1	2	6	8	3	4
2	4	1	3	8	7	5	9	6
8	6	3	5	9	4	7	1	2
3	7	2	4	6	8	1	5	9
6	8	5	7	1	9	4	2	3
4	1	9	2	3	5	6	8	7
7	2	4	9	5	1	3	6	8
5	9	8	6	7	3	2	4	1
1	3	6	8	4	2	9	7	5

1. 

J. KENNEDY

2. 

B. BUSH

3. 

J. BIDEN

4. 

B. FORD

5. 

N. REAGAN

6. 

M. TRUMP

7. 

H. CLINTON

8. 

C. JOHNSON

9. 

R. CARTER

10. 

M. OBAMA

MAY BIRTHDAYS

Theresa Ananea	Joan Garvin	Janet Orosz	Melodie Teitelman
Bill Astalos	Elizabeth Gilmore	Patricia Poole	Cindi Terry
Birvina Barclay	Yvonne Hines	Allen Potoma	Esther Thompthin
Rick Bennett	Vivian Husband	Dyonne Powell	Marvin Turpin
Kathy Besozzi	Carolyn Kelley	John Powers	David Wells
Rosemarie Bobbs	Mariann Kochis	Barb Praznik	Milton White
Carol Boddy	Chris Lemke	Yolanda Quick	Willena Wilcoxson-Deal
Denise Brandon	Mary Macko	Ken Ropar	Yvonne Wise
Kim Charleston	Gene Mathies	Lindy Schroeter	Eric Williams
Paulette Brown-Childs	Annie Mcpherson	Edwin Schreiber	Jon Williams
Dolores Cale	Mildred Migliorini	Hermia Shifflette	Colleen Zolovick
Sheila Flannery	Don Mouat	Wanda Stephens	
Carol Foss	Marylou Nehas	Jerolyn Strowder	
	Doris Nelson	Mary Szelagowski	

MAY ANNIVERSARIES

Diane & Wilbur Simpson celebrated 26 years on May 12th

Erin & Frank Lucas are celebrating 43 years on May 14th

Betty & Frank Pauley are celebrating 53 years on May 25th

We publish and celebrate anniversary dates with members who have previously given that information.

If you are new to the Bedford Senior Club within the last year, we may not have your anniversary date.

Please contact the Recreation Office if you wish to have your anniversary date recognized in the monthly Newsletter.

NEW MEMBERS

Alan Ballachino
George Brennan

Gail Dragga
Jack Dragga

Anthony Reed
Dennis Rongers

CONTACT BEDFORD PARKS & RECREATION

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recreation@bedfordoh.gov